

UNIVERSAL MANUAL · ENTIRE CATEGORY

INSTRUCTIONS FOR USE

Dilators

This document is the **universal manual for the entire product category Dilators** (urethral sounds / dilation rods), not for a single specific product. It contains general safety, usage, and care information that applies across the entire category.

SAFE MATERIALS

DISCREET PACKAGING

EASY CARE



Category
Dilators

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**IMPORTANT**

Keep all of this information for safe and proper use. Also keep the product packaging, as it contains the instructions for use and information about the product, batteries, and charging. For more information, scan the QR code on the packaging.



Your safety is our top priority. Please read and follow all the instructions below carefully before using the product.

- Keep out of reach of children, as small parts could be swallowed.
- Only use the product if you are in good physical condition.
- Do not use the product with other people against their will. Only use the product with the consent of everyone involved.
- Use the product safely to avoid injury. Use the product at your own risk.
- If a person has any health problems or concerns, they should consult a doctor before using the product.
- Do not use the product on injured or irritated skin.
- If unpleasant skin irritation or physical discomfort occurs, stop using the product immediately. If symptoms persist, consult a doctor.
- To prevent illness and infection, do not pass the product on to third parties.
- Read the information on the product packaging carefully to avoid allergic reactions (e.g. to latex).
- Do not use the product if it is obviously not working, is overheating, or shows visible defects.
- Do not freeze or heat the product.
- The product is not suitable for commercial use.
- Do not inflate inflatable products beyond the diameter stated on the packaging.
- The product is not suitable for medical use.
- Only charge the product using a suitable charger plugged into an electrical outlet. Follow the instructions for the relevant power adapter.

**WARNING**

No liability can be accepted for damage or accidents caused by improper use, use of force, modifications, or failure to follow these safety instructions.



- Before first use, clean the product with warm water and mild soap. To avoid damaging the device, make sure no water gets into the battery compartment. Do not immerse the device in water.

If relevant:

- Charge the product or insert batteries (if included). For safety reasons, lithium batteries are usually charged to only 40–50% for transport.

**CONTRAINDICATIONS**

For health reasons, this product must not be used by people with conditions such as blood clotting disorders, diseases of the urogenital tract, or prostate disease.

**IN CASE OF PAIN OR BLEEDING**

If you experience unpleasant pain, other physical discomfort, or bleeding while using the product, remove it immediately and contact a doctor.

Regular or improper use of the product may lead to scarring and thickening of the urethral wall, which may require medical treatment. Initially use dilators with a small diameter and slowly increase the diameter as needed.

1

Disinfect the product

To prevent urinary tract infections, disinfect the product with a disinfectant solution for medical instruments before use. Important: observe the contact time stated on the disinfectant solution. Wear sterile gloves when disinfecting and using the product.

2

Apply lubricant

Apply a sufficient amount of sterile lubricant to the surface of the product. Important: a water-based lubricant is recommended.

3

Bend the glans ring (if applicable)

Bend the glans ring upward. If this step is not relevant to your model, proceed directly to step 4.

4

Insert the product

If necessary, pull back the foreskin and slowly insert the product into the urethra. Important for women: to avoid injury to the urinary tract, exercise extra caution, as the female urethra is relatively short. Important for men: the product can be inserted into either a flaccid (recommended for beginners) or an erect penis. Important: to avoid injury to the urinary tract, approach the maximum insertion length carefully.

5

Pull the ring over (if applicable)

Pull the ring over the glans up to the corona. If this step is not relevant to your model, proceed directly to step 9.

6

Turn on vibration (if applicable)

To start vibration, turn on the product using the control unit.

7

Adjust intensity (if applicable)

To change the vibration setting, carefully press, turn, or slide the control unit.

8

Remove the product

Slowly remove the product from inside or from the body. Important: to avoid an unpleasant burning sensation in the urethra when urinating, drink plenty of water over an extended period (approx. 24 hours) after using the product — this dilutes the uric acid contained in urine.

9

Turn off vibration (if applicable)

Press, turn, or slide the control unit back to its starting position. Important: if the product switches off automatically when the battery is depleted, do not turn it on again — instead, charge it at an electrical outlet.

Depending on the specific model, your product may be equipped with one of the following features:

- Some dilators have a ball pump. To increase the diameter of the dilator, repeatedly press the pump ball as needed — the dilator will inflate. To release the air, open the valve.
- Some dilators are hollow, and experienced users may wear them for longer periods, as they allow fluids of all kinds to pass through. On one hand, this lets the user continue to urinate, and on the other hand, it can prevent semen from building up during ejaculation.
- Some dilators have a ball at the end that acts as a semen plug and can prolong and intensify orgasm. Ejaculation or urination is possible only to a limited extent.

**IMPORTANT**

The product is a sex toy and does not protect against pregnancy or sexually transmitted infections.



The following principles apply to rechargeable and battery-powered models in this category.

- Only charge the product using a suitable charger plugged into an electrical outlet. Follow the instructions for the relevant power adapter.
- Charge the product or insert batteries (if included). For safety reasons, lithium batteries are usually charged to only 40–50% for transport — fully charge the product before first use.
- If the product switches off automatically when the battery is depleted, do not turn it on again — instead, charge it at an electrical outlet.
- To extend the life of batteries and rechargeable batteries and to prevent damage to the product, remove the batteries from the product after each use, or unplug the product once the rechargeable battery is fully charged.



- After each use, allow the product to cool down before putting it away.
- After each use, clean the product with warm water and mild soap and disinfect it with a disinfectant solution for medical instruments. To avoid damaging the product, make sure no water gets into the battery compartment. Do not immerse the device in water.



- Store the product in a clean, cool, and dry place. Moisture can damage the batteries and motor. Avoid direct sunlight.
- To prevent chemical reactions, store the product separately and not together with other products made of different materials.

The product is difficult to insert.

Apply more sterile water-based lubricant and proceed more slowly, as described in the "Using dilators" chapter.

Vibration does not work or is weak (on vibrating models).

Check the battery charge level as described in the "Charging & battery" chapter.

The ball pump does not increase the diameter (on pump models).

Check that the valve is closed, and press the pump ball repeatedly as described in the "Optional features by model" chapter.

A burning sensation when urinating persists after use.

Drink plenty of water for approx. 24 hours after use, as described in the "Using dilators — continued" chapter. If the problem persists, contact a doctor.

**CAUTION**

If the problem persists even after trying the steps above, stop using the product and contact Lechtivo.cz customer support.

Do not dispose of packaging material or old devices as regular waste. Recycle items wherever possible. Sort packaging by material and dispose of it with household waste. Do your part to protect the environment and hand in old devices at local collection points in accordance with national legal regulations and applicable guidelines. Before handing in old devices at a collection point, remove any loose batteries and rechargeable batteries. Before disposing of old devices, make sure you have deleted all personal data from them.

Electronic waste

- The crossed-out wheeled bin symbol means that this product must be handed in free of charge at an electronic waste collection point so it can be recycled for the best possible reuse of raw materials.

Batteries

- Batteries do not belong with household waste. As a consumer, you are legally required to hand in used batteries at public collection points or at places where batteries are sold.
- Batteries containing hazardous substances are marked with a symbol and one of the chemical symbols: Cd (cadmium), Hg (mercury), Pb (lead).
- Lithium batteries and battery packs may only be handed in at collection points if they are discharged. To prevent short-circuiting, insulate the terminals (e.g. with adhesive tape) before handing them in.



ENVIRONMENT

By recycling, you help protect the environment and make the best possible use of raw materials.

Lechtivo customer contact

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ONLINE VERSION

You can find the current version of this manual at www.lechtivo.com.